

# NASA-LaRC SAFETY NEWSLETTER

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## HAZARDOUS WEATHER CONDITIONS

With the approach of possible icy weather conditions the next few months employees are reminded of the following services available at LaRC.

Hazardous Weather Announcement - 864-2111

Use this number at any time concerning the status of operations at LaRC. This service will inform the caller if the Center is open, closed, or delaying beginning of opening.

Salt for facility entrances.

Facility Safety Heads and Facility Coordinators can call MLB Enterprises at extension 44214 for delivery of salt to their respective facilities. This service should be requested in advance of icy conditions to ease scheduling and delivery of salt to facilities.

## Traffic Safety Reminder

LaRC employees are reminded of the following traffic regulations at LaRC.

- \* Posted speed limits:
  - 25 mph, unless otherwise posted
  - 10 mph in parking lots and parking areas
  - 10 mph when entering main gate
  - 15 mph when exiting front gate ( by Building 1229)
- \* Do not stop immediately after crossing or turning at an intersection.
- \* Do not stop or wait for carpool passengers on Langley Boulevard.
- \* Contract delivery service is not to stop on Langley Boulevard.
- \* Stop beyond the pedestrian crosswalk when waiting in front of facilities for passengers.
- \* Switch to parking lights during hours of darkness when entering LaRC gates.
- \* Bicycles will be operated in compliance with all rules of the road. ( Bicycles are not to be ridden on the sidewalk.)
- \* Pedestrians
  - Cross streets at designated crosswalks

- Look both ways before entering crosswalks to make sure there is sufficient time to walk across the street.
- Do not step in front of an oncoming vehicle assuming the vehicle will stop. ( Pedestrians have the right of way after they stop, look and enter in crosswalks.)

## Watch Those Loads !

We handle heavy objects every day. These objects can be just as hazardous as a sharp tool or a toxic chemical in their ability to cause severe injury. The "worst case" scenario is losing the load. In a slapstick comedy, this might be amusing, but in real life, watch out ! A heavy load can maim or kill.

Back strain is the most common injury resulting from improper material handling. Another important hazard to watch out for is sharp edges of materials which may cause lacerations.

That's why it's very important that we carefully follow the established safety procedures when transporting heavy objects.

One of the best ways to avoid overexertion is to use dollies and handcarts to carry the load for you. However, this method has its own hazards. Be sure to follow safe lifting techniques when loading the truck. Also, follow these steps to prevent injury:

- Choose a dolly or handcart that is the right size and shape for the object that you are going to carry.
- Place the heaviest objects on the bottom.
- Position the load over the truck's axles so that the truck, and not the handles, carries the weight.
- Secure bulky, irregular, or fragile items to the truck.